



ADRC Advisory Committee Agenda
Jefferson County Human Services Department
1541 Annex Road, Jefferson, WI 53549
Health/Human Services Conference Room

Date: Tuesday, September 4, 2018

Time: 1:00 p.m.

Committee Members: Russell Kutz, Chair; Jeanne Tyler, Carolyn Niebler, Ellen Haines, Marcia Bare, Connie Stengel, Ellen Sawyers, Mary Vohs

1. Call to order
2. Roll call (establishment of a quorum)
3. Certification of compliance with Open Meetings Law
4. Approval of the agenda
5. Approval of the ADRC Advisory Committee minutes from 7/3/2018
6. Communication
7. Public comment (Members of the public who wish to address the committee on specific agenda items must register their request at this time)
8. Advocacy Updates from GWAAR – Greater Wisconsin Agency on Aging Resources and /or ORCD – Office of Resource Center Development
9. Discussion and possible action on Requests for Waiver of Transportation Co-payment
10. Update on ACTI Grant Coalition with the City of Fort Atkinson
11. Update on Mobility Manager 5310 Application
12. Discuss ADRC Report, Dominic Wondolkowski – ADRC Supervisor
13. Discuss Senior Dining Program Updates– Leigh Fritter, Nutrition Program Supervisor
14. Discussion and possible action on the 2018 ADRC Annual Budget Plan
15. Discussion and update on the 2019 – 2023 Locally Developed Coordinated Public Transit – Human Services Transportation Plan
16. Discussion on items for the Next Agenda
17. Adjournment

Next scheduled meetings: October 2, 2018



November 6, 2018

December 4, 2018

Aging & Disability Resource Center Advisory Committee

Minutes of Meeting

Tuesday, July 3, 2018

Call to Order

The meeting was called to order by Kutz at 1:00 p.m.

Roll Call

Present: Russell Kutz, Ellen Haines, Ellen Sawyers, Marcia Bare, Carolyn Niebler, Connie Stengel and Jeanne Tyler.

Also Present: Sharon Olson, Leigh Fritter and Dominic Wondolkowski, ADRC Staff.

Certification of Compliance with Open Meetings Law

It was determined that the committee was in compliance with the Open Meetings Law.

Approval of Agenda

Marcia Bare made a motion to approve the July agenda. Seconded by Ellen Haines. Approved unanimously.

Approval of May 1, 2018 Minutes

Ellen Sawyers made a motion to approve the May 1, 2018 meeting minutes as written, Carolyn Niebler seconded. Motion carried.

Communications

None.

Public Comment

None.

Election of Officers: Chairperson, Vice Chair and Secretary

Olson asked for nominations of Chair.

Marcia Bare nominated Russel Kutz.

Connie Stengel seconded the nomination.

No other nominations were made.

Ellen Haines made a motion to close the ballot and elect Russel Kutz as Chair.

Motion passed unanimously.

Olson asked for nominations of Vice-Chair.

Connie Stengel nominated Jeanne Tyler.

Carolyn Niebler seconded the nomination.

No other nominations were made.

Ellen Haines made a motion to close the ballot and elect Jeanne Tyler as Vice-Chair.

Motion passed unanimously.

Olson asked for nominations of Secretary.

Ellen Haines nominated Carolyn Niebler.

Marcia Bare seconded the nomination.

No other nominations were made.

Russell Kutz made a motion to close the ballot and elect Carolyn Niebler as Secretary.
Motion passed unanimously

Advocacy Updates from GWAAR – Greater Wisconsin Agenda on Aging Resources and /or ORCD – Office of Resource Center Development:

Now that the Supported Decision-Making Agreements legislation has been signed into law ([2017 Wisconsin Act 345](#)), there has been a lot of interest in learning how to put the agreements into place and where to get the supported decision-making (SDM) agreement form. A sample SDM form has been provided to the state Department of Health Services (DHS) and is currently under review by the Department. Once the form has been finalized, DHS will provide access to the document and accompanying information (in accordance with 2017 Wisconsin Act 345). The law states, a SDM agreement is valid if it is in writing, entered into voluntarily (as described under s. 52.10* – click on the link to the law to view details), signed and dated as described under s. 52.18* (see law for details), and *is in substantially the form outlined in the law*. The Wisconsin Board for People with Developmental Disabilities has developed a form which is compliant with the form outlined in the new law: http://wi-bpdd.org/wp-content/uploads/2018/05/Sample_SDMForm_-5212018.pdf and it is available for anyone to use.

Discussion and update on the ACTI Grant Coalition with the City of Fort Atkinson.

Olson shared that the working title will be Fort Mobility Coalition. Monthly meetings will be held the third Thursday of each month at 11:30 at the Fort Atkinson Library. Surveys' will be getting distributed soon.

Discussion: ADRC Report, Wondolkowski

In June, staff provided options and/or I & A conversations to six consumers resulting in one referral to the National Family Caregiver Support Program (NFCSP). Of the six consumers, one declined NFCSP due to a wait list/having more immediate needs. Two others declined due to having high assets/high monthly income and they did not want to accept public funding. Another was referred for housekeeping wait list. Through six months, 13 referrals to the NFCSP have been made; the Key Outcome Indicator goal is 17/18 referrals though 6-30-18.

Dr. Amy Flowers and Analytic Insight has been contracted by DHS to provide ADRC customer satisfaction analysis. At the April ADRConnect meeting, Dr. Flowers presented on the project, which began Jan 1st. The statewide response rate is 27%, which is very good. The telephone response rate is only 9.3%. On-line surveying is now in the testing phase. ADRC's with 25+ responses were to receive a quarterly report in May. The ADRC of Jefferson never received a report so Wondolkowski is not sure of Jefferson Co.'s response rate. More information may be known after the statewide conference call with Dr. Flowers scheduled for July 10th.

Wondolkowski is scheduled to attend the first ever joint ACE and ADRConnect meeting in Stevens Point on July 13th. Leaders from GWAAR (Greater Wisconsin Agency on Aging) and BADR (Bureau of Aging and Disability Resources, Division of Public Health) will present about the network.

Wondolkowski plans to also attend the next ADRConnect Director's meeting on August 1st in WI Rapids. Anticipated agenda items include final contract changes/discussion.

ADRC has distributed 176 Sr. Farmer Market vouchers; 25 vouchers are still available. ADRC staff are scheduled to market at four local sites in July: Tues, July 10th at Watertown FM; Wed. July 11th at Lake Mills; Thurs. July 12th at Jefferson and Sat. July 28th at Fort Atkinson FM.

Erin Bleck, the new Benefit Specialist (EBS/DBS) started on 6-18-18. Erika Holmes, the new I & A Specialist started on 6-25-18. The ADRC unit is fully staffed again.

Senior Dining Program Updates:

Fritter shared the 2017 Nutrition Satisfaction Survey results for with local and statewide data via PowerPoint presentation. She discussed the rate of return for surveys being 45% for congregate meals and 59% for Home Delivered Meals in Jefferson County, which was greater the Statewide average of 14% for congregate and 23% for Home Delivered meals returning the satisfaction surveys.

This data helps to gauge meeting nutrition program goals of

Promoting Independence, Socialization and Improving quality of life.

Congregate

- 69% of participants feel the nutrition program has improved their quality of life.
- **78%** said the program helps them live independently!
- 94% of participants did not skip any meals due to lack of food or money, this helps demonstrate that people attend the sites more to socialize which is also a vital part of successful aging.

Home Delivered Meals

- 78% of HDM participants say the meals help them continue to live independently.
- 35% 1 in 3 said they HDM driver is the only person they see during the day. The socialization and daily check is critical to their well-being.
- 83% said the program has improved their quality of life.

When asked, why do you attend the dining center?

Congregate

Eat a Balance Diet 61%

Visit with Friends 84%

To Make Ends Meet 11%

Unable to Prepare Meals 1%

Food & Nutrition Info. 19%

Having meals delivered in person offers:

Home Delivered Meals

- Someone to talk to 66%
- Safety/Security Check 45%
- Link to Other Supports 28%
- None of these: 21%

Reducing Hunger and Food Insecurity

Congregate

- **51% said the meals provide half or more of their daily food intake!**
- **19% said they would not have a hot meal without this program.**
- **6% of participants skipped meals due to lack of food or money.**
- **11% attend to make ends meet.**
- **8% said without the program there would be days they wouldn't get enough to eat.**

Home Delivered Meals

- 77% said the meals provided half or more of their total food intake for the day. This is significant because our meals provide ~675 calories and 19 grams of protein, 1/3rd of the daily requirement.
- 46%, *almost half*, said if meals weren't available they would not have at least 1 fresh, hot meal.
- 34%, ~1 in 3, said there would be days there don't get enough to eat.
- 2% have skipped meals to pay for other living expenses.

Supporting Chronic Health Conditions & Decreasing Health Care Visits

Congregate

- 36% participants said the meals help maintain or improve their health or chronic condition(s)
- 76% say they eat healthier because of the program.
- 11% said they prevented or decreased healthcare visits and/or hospitalizations.

Home Delivered Meals

- 45%, *almost half*, said the meals help them maintain or improve their health conditions!
- 85 % reported eating healthier because they receive Mow's.
- 16% said they had a decrease in healthcare visits or hospitalizations.

Nutrition Education Topics of Interest

Local 2017 Results:

1. **Cooking for 1 or 2 (52%)**
2. **Healing Foods & Healthy Recipe Exchange (Tied at 34%)**
3. **Popular Diets & Food Trends (29%)**
4. **Nutrition for Brain Health (27%)**

Discussion on the 2019-2021 Aging Plan

Olson shared the draft goals for the Aging Plan that needs to be reviewed and approved to be submitted to GWAAR for review by July 13th. Goals were reviewed. Carolyn Niebler made a motion to approve the draft goals to submit to Human Services Board to review and then on to GWAAR, Jeanne Tyler seconded. Motion carried.

Discussion on the 2019 – 2023 Locally Developed Coordinated Public Transit – Human services Transportation Plan

Olson shared that the planning stages have begun to work on the Human Services Transportation Plan. Olson will share as more details become available. Meeting scheduled for September. Reviewed quote for Ford Transit Passenger Wagon with capacity to transport 2 wheelchairs.

Discuss Future Agenda Items

Olson shared that during the next couple of months the Aging Plan as well as the Transportation Plan will need to be approved and two Public Hearings will need to be set up for public review.

Adjourn:

Carolyn Niebler made a motion to adjourn at 3:00 pm, Jeanne Tyler seconded. Motion approved unanimously.

Respectfully submitted,

Sharon Olson, Manager
Aging & Disability Resources Division